

WORKSHOP BOOKING FORM

ONLINE REGISTRATION AVAILABLE AT WWW.CANCER.IE/LIVING-WELL

We would encourage all attendees to register online at www.cancer.ie/Living-Well. Registering online will ensure that your place at the conference can be confirmed instantly. Alternatively, you can register by completing ALL FIELDS below and returning the form to:

Natasha Quinn
Irish Cancer Society
43/45 Northumberland Road
Dublin 4

Queries can be directed to support@irishcancer.ie
or by phoning Natasha on **01 2310 533**.

Closing date for receipt of postal booking forms is Monday, 16th September 2019.
One Booking Form per attendee.

ATTENDEE INFORMATION

First Name

Last Name

Address

Email

Phone

We would like to send you updates about this conference and future Irish Cancer Society events.
You may unsubscribe at any time by emailing support@irishcancer.ie.

I consent to receiving email updates about Irish Cancer Society events and services.

Please indicate your workshop choice on the reverse page. Please note that preferences cannot be guaranteed.

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Please indicate your order of preference (1 to 8) for the workshops you wish to attend.
We will do our best to give you your first choice, but can make no guarantees.

Workshops will be filled on a first-come-first-served basis using the date of when this form is received.

Order of preference	Workshop Session 1 (11.40 – 12.40pm)
	Benefits of Exercise Throughout the Cancer Journey
	Why Eating Well Matters after a Cancer Diagnosis
	Cancer Related Fatigue and Sleep Disorders
	Look Good Feel Better - Improving Self Confidence for Women
	Practical Mindfulness for Daily Living
	Advances In Metastatic (Secondary) Cancer Treatments
	Health and Wellbeing for Men
	Insurance and Cancer
Order of preference	Workshop Session 2 (13.40 – 14.40)
	Why Eating Well Matters after a Cancer Diagnosis
	Cancer Related Fatigue and Sleep Disorders
	Look Good Feel Better - Improving Self Confidence for Women
	Returning to Work after a Cancer Diagnosis
	Living with Metastatic (Secondary) Cancer
	Genetics and Cancer
	Managing Lymphoedema
	Health and Wellbeing for Men
Order of preference	Workshop Session 3 (14.50 – 15.50)
	Benefits of Exercise Throughout the Cancer Journey
	Look Good Feel Better - Improving Self Confidence for Women
	Intimacy and Sexuality after a Cancer Diagnosis
	Returning to Work after a Cancer Diagnosis
	Practical Mindfulness for Daily Living
	Managing Fertility after Cancer Treatment
	Talking to Children about your Cancer Diagnosis
	Singing for Wellbeing